

## My First Impressions: 7 Habits of Highly Effective People

What is it?

First Impressions help you as a reader “read yourself” into the text. It helps you as a reader assume a first person perspective as you read. Your first reactions should represent your initial impressions and then subsequent entries will show how your thoughts changed or progressed.

How do you do it?

- 1) Chunk each chapter into 3 total sections. Each page below has the titles of the chapters.
- 2) As you begin to read, pause after the first section to notice your impressions, thoughts, reactions, connections of the content, message the author is sending, the anecdotes included, or even the pictures.
- 3) Record the author’s description by citing textual evidence in the first column and those impressions you noticed in the second column. Because this is the first chunk, this should be captured in the row labeled “*First.*”
- 4) Continue reading the second chunk. As you read, notice your impressions. They may deepen or take an alternate route.
- 5) Repeat step 3 and capture in the row labeled “*Then.*”
- 6) Continue reading the third chunk. At the end, revisit your impressions.
- 7) Add final comments on any additional information from the author. Capture this in the row labeled “*finally.*”

## Summary: Get in the Habit

Write a quick summary of this chapter.

## First Impressions- Paradigms and Principles

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

First Impressions- Personal Bank Account

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

## First Impressions- Habit 1: Be Proactive

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

First Impressions- Habit 2: Begin with the End in Mind

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

### First Impressions- Habit 3: Put First Things First

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

## First Impressions- Relationship Bank Account

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

# First Impressions- Habit 4: Think Win-Win

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

First Impressions- Habit 5: Seek First to Understand Then to Be Understood

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

## First Impressions- Habit 6: Synergize

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

## First Impressions- Habit 7: Sharpen the Saw

Author's Words=Text Evidence		My Impressions= Thoughts, Reactions, Connections
First		
Then		
Finally		

## Summary: Keep Hope Alive

Write a quick summary of this chapter.